



# Wheeling YMCA's 3<sup>rd</sup> Annual 5k Run & Walk In memory of Dr. Joe Palmer



## SATURDAY, JUNE 2, 2018

**Start time: 8:30am**

**Kids Fun Run: 8:15am  
(Free for kids ages 3-6)**

**Awards to top 3 male & top 3 female runners & top 3 overall walkers in their designated age group:**

<u>RUN</u>		<u>WALK</u>
14 & under	45-49	19-29
15-19	50-54	30-39
20-24	55-59	40-49
25-29	60-64	50-59
30-34	65-69	60 & older
35-39	70 & older	
40-44		

- Pre-registration deadline: May 26, 2018
- Fee: \$20 for adults, \$15 for kids ages 15 & under
- All participants receive a t-shirt
- Dogs and strollers welcome
- Awards & refreshments to follow at St. Vincent de Paul school
- Register online at <http://wheelingymca.org/events/>

***Proudly sponsored by***



Name \_\_\_\_\_ Age on race day \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Birthday \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Please circle shirt size: S M L XL XXL Runner \_\_\_\_\_ Walker \_\_\_\_\_

Waiver: In submitting this entry, I, intending to be legally bound for myself, my heirs, executors and administrators, waive, release, and forever discharge any and all rights and claims which I may hereafter accrue against any organization, including the Wheeling YMCA, any event sponsors, event volunteers, event staff, and their officers, agents, successors and/or any injuries suffered by me at this event, while traveling to and from the event, or while participating in it. I attest and verify that I am physically fit and sufficiently trained for the competition of this event. I understand that I may be photographed and agree to allowing my photo, video, or likeness to be used for any legitimate purpose by aforementioned parties.

Signature \_\_\_\_\_ (parent signature if under age of 18) Date \_\_\_\_\_

DR. JOE PALMER 5K RUN & WALK 2018

Paid \_\_\_\_\_ Date \_\_\_\_\_ Receipt \_\_\_\_\_